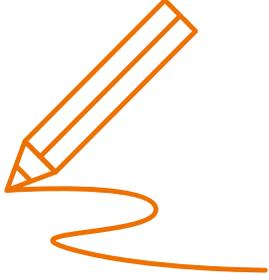


# Visual timetable: bed time routine

7:00pm	7:00pm	7:15pm	7:30pm
			
No more iPad	Play time	Snack	Bath
7:40pm	7:45pm	7:50pm	8:00pm
			
Brush teeth	Pyjamas	Story	Bed time