

Summary of abbreviations used within the Introduction to Autism for those working and supporting people with autism

AAC	Alternative and Augmentative Communication
ABA	Applied Behaviour Analysis
ADHD	Attention deficit hyperactivity disorder
BSP	Behaviour Support Plan
CBT	Cognitive Behavioural Therapy
CQC	Care Quality Commission
DSM-5	Diagnostic and Statistical Manual of Mental Disorders 5 th Edition 2013
EHCP	Education, Health and Care Plan
GAD	Generalised anxiety disorder
FGM	Female genital mutilation
IEP	Individual Education Plan
KCSiE	Keeping Children Safe in Education
LGBTQ+	Lesbian, Gay, Bisexual, Transgender, Queer/Questioning
MCA	Mental Capacity Act
NAS	National Autistic Society
NHS	National Health Service
NICE	National Institute for Health and Care Excellence
OCD	Obsessive compulsive disorder
OT	Occupational Therapy / Occupational Therapist
PCP	Person-centred Plans
PECS	Picture Exchange Communication System
PMS	Phelan-McDermid Syndrome

SALT/SLT	Speech and Language Therapy / Therapist
SCR	Summary Care Record (in education it can also mean Single Central Register of staff)
SEND	Special educational needs and disability
SEN(D)Co	Special educational needs coordinator
SMART	Specific, measurable, attainable, relevant and time bound
SPD	Sensory Processing Disorder
UN	United Nations
VB	Verbal Behaviour